

Living with Dementia

Date: Monday 27th June 2016
Time: 10am – 12pm
Venue: Lifeline Training Rooms,
4 Park Ave, Gordon
Presenter: Jan Blenkinsop

More than 342,000 Australians are living with dementia—a number expected to increase to 400,000 in less than a decade. Alzheimer's is the most common form of dementia - causing problems with memory, thinking and behaviour. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks. A diagnosis of Alzheimer's is life changing for the person with the disease, as well as their family and friends, and whilst there is currently no cure, there are treatments and support available.



Jan has been working with Lifeline for 10 years, as a crisis supporter, a mentor, a supervisor and a trainer. She also runs groups for both support people and those with a diagnosis of dementia with Alzheimer's NSW.

In talking about dementia Jan will discuss the possible causes and range of diseases under the umbrella term dementia; the impact of dementia on people's lives, both the individual with the diagnosis and those who care and support them. She will also discuss supports available.

'They may not remember what you said, but they will remember how you made them feel'